

Primary Menu – Two Main Courses

Week 1

Week Commencing: 06/06/16. 27/06/16. 18/07/16. 05/09/16. 26/09/16. 17/10/16. 31/10/16. 21/11/16. 12/12/16

	MAIN DISHES	MAIN VEGETARIAN DISH	PUDDINGS & FRUIT
MON	Roast Gammon, Apple Sauce and Gravy Herby Roast Potatoes Boiled Potatoes Cabbage Carrots	Vegetable Burger (v) Herby Roast Potatoes Boiled Potatoes Cabbage Carrots or Assorted Salad	Apple and Raisin Sponge & Custard Mandarins in Fruit Juice Muller Yoghurt
TUES	Pork Sausages with Onion Gravy Mashed Potatoes Peas and Sweetcorn Mix	Vegetarian Sausage with Onion Gravy (v) Mashed Potatoes Peas and Sweetcorn Mix Assorted Salad	Chocolate Crunch & Vanilla Sauce Fresh Fruit Platter Ice Cream, Strawberry Sauce and Wafer
WED	Roast Chicken, Stuffing and Gravy Roast Potatoes Parsley Potatoes Broccoli Carrots	Vegetarian Bolognese with Spaghetti (v) Garlic Bread Assorted Salad	Cherry Shortcake & Chocolate Sauce Peaches in Fruit Juice Cheese and Biscuits with Grapes
THUR	Jacket Potato with Tuna & Sweetcorn Mayonnaise Baked Beans Mixed Roasted Vegetables or Assorted Salad	Loaded Pizza (v) Baked Jacket Wedges Mixed Roasted Vegetables Baked Beans or Assorted Salad	Iced Lemon Sponge & Custard Strawberry Mousse Fresh Fruit Salad
FRI	Harry Ramsden's Junior Battered Pollock or Vinegar Infused Pollock Chips Peas Sweetcorn or Assorted Salad	Cheese and Tomato Wholewheat Pasta Bake (v) Peas Sweetcorn or Assorted Salad	Peach Crumble and Custard Fruit Cocktail Muller Yoghurt

DAILY

Bread Basket

Fruit Juice

Milk

Water

Primary Menu – Two Main Courses

Week 2

Week Commencing: 13/06/16. 04/07/16.12/09/16. 03/10/16. 07/11/16. 28/11/16.

	MAIN DISHES	MAIN VEGETARIAN DISH	PUDDINGS & FRUIT
MON	Roast Lamb, Mint Sauce & Gravy or Fish fingers Roast Potatoes Parsley Potatoes Carrots Cauliflower	Cheese and Potato Pie(v) Carrots Cauliflower Assorted Salad	Apple Pie & Custard Fruit Cocktail in Fruit Juice Chocolate Mousse
TUES	The Big Breakfast (bacon, sausage, omelette, hash browns, baked beans)	Vegetarian Big Breakfast (vegetarian sausage, omelette, hash browns, baked beans) (v)	Fruit Muffin and Custard Fresh Fruit Salad Muller Yogurt
WED	Barbecue Chicken with Savoury Rice Peas or Assorted Salad	Vegetarian Lasagne (v) with Garlic Bread Assorted Salad	Muesli Bar Peaches in Fruit Juice Cheese and Biscuits with Grapes
THUR	Beef Bolognese with Spaghetti and Garlic Bread Assorted Salad	Loaded Pizza (v) Jacket wedges Mixed Roasted Vegetables or Assorted Salad	Rice Pudding with Fruit Fresh Fruit Platter Arctic Roll
FRI	Salmon Goujons or Lemon Sole Chips Peas Sweetcorn or Assorted Salad	Jacket Potato with Vegetarian Chilli (v) Assorted Salad	Hot Chocolate Fudge Cake with Chocolate Sauce Mandarins in Fruit Juice Fruit jelly

DAILY
Bread Basket
Fruit Juice
Milk
Water

Primary Menu – Two Main Courses

Week 3

Week Commencing: 20/06/16. 11/07/16. 19/09/16. 10/10/16. 14/11/16. 05/12/16.

	MAIN DISHES	MAIN VEGETARIAN DISHES	PUDDINGS & FRUIT
MON	Roast Turkey, Stuffing and Gravy Roast Potatoes Boiled Potatoes Carrots Broccoli	Quorn and Sweet Potato Curry with Rice & Naan Bread (v) Assorted Salad	Jam and Coconut Sponge & Custard Fruit Cocktail in Fruit Juice Muller Yoghurt
TUES	Fish Fingers Creamed potato Peas Assorted Salad	Vegetable Pasta Parcels in Tomato Sauce (v) with Garlic Bread Peas Assorted Salad	Chocolate Mandarin Brownie & Vanilla Sauce Fresh Fruit Platter Strawberry Mousse
WED	Roast Pork with Apple Sauce and Gravy Garlic Roast Potatoes Parsley Potatoes Cabbage Carrots	Quorn Southern Style Burger (v) Garlic roast Potatoes Parsley Potatoes Cabbage Carrots Or Assorted Salad	Apple Flapjack & Custard Mandarins in Fruit Juice Ice Cream, Strawberry sauce and Wafers
THUR	Chicken Korma with Rice and Naan Bread	Loaded Pizza (v) Jacket Wedges Roasted Vegetables Baked Beans Assorted Salad	Carrot Cake & Custard Fresh Fruit Salad Muller Yoghurt
FRI	Bubble Coated Fish Fillet Chips Peas & Sweetcorn	Vegetarian Sausage Pasta (v) Peas & Sweetcorn or Assorted Salad	Cornflake Tart & Custard Peaches in Fruit Juice Fruit Jelly

DAILY

Bread Basket

Fruit Juice

Milk

Water