



St Gregory's Catholic Primary School



Personal, Social and Health Education (PSHE) and Citizenship Policy

This policy is underpinned by the school's mission statement: 'Loving and Learning'

Rationale:

To ensure that personal, social and health education and citizenship enables children to become:

- Healthy, independent and responsible members of society.
- To encourage our pupils to play a positive role in contributing to the life of the school and the wider community.
- To help develop their sense of self worth.

Aims:

- To develop positive attitudes to health and encourage the development of healthy life choices.
- Develop understanding and tolerance.
- Understand what makes for good relationships with others.
- Develop good relationships and have respect for other members of the school and the wider community.
- Be independent and responsible members of the school community.
- Develop self-confidence and self-esteem, and make informed choices regarding personal and social issues.
- Be aware of behaviour/safety issues.

Teaching and Learning:

Activities are planned according to the levels and needs of the children. We take into account prior learning, knowledge and skills already gained. A range of teaching strategies and learning styles are used in delivering PHSE. These include:

- Circle time activities and class discussions.
- Reflection.
- Role-play and drama.
- Visits and visitors when appropriate.
- Time allocated in the classroom for lessons to be taught.
- Reports from the school council.
- Class teaching and group work.
- Individual work when appropriate.
- Whole school focus through our themes.

The Framework for Seal:

This comprises of the following themes:

1. New beginnings.
2. Going for goals.
3. Getting on and falling out.
4. Relationships.
5. Changes.
6. Say no to bullying.
7. It's good to be me.

Curriculum organisation:

PSHE and Citizenship cannot always be confined to specific timetabled time. At St Gregory's Catholic Primary school PSHE, Citizenship and SEAL are delivered within a whole school approach which includes:

1. Discrete curriculum time
2. Teaching through and in other subjects/curriculum/themes.
3. We develop PSHE and Citizenship through activities and whole school events. The school council meet on a regular basis to discuss school matters. Pupils represent the school to the wider community throughout the year. We offer Year 6 children a residential visit with opportunities to develop self esteem, leadership and co-operation.
4. Through pastoral care and guidance on a daily basis as questions and incidents arise. At times, teachers may choose to hold an additional circle-time sessions in response to a particular event or issue.
5. Whole school and class assemblies provide a daily opportunity to enhance pupils' spiritual, moral, social and cultural development, promoting our school's values and celebrating achievement.
6. PSHE is taught in the Foundation Stage through the Personal, Social and Emotional Development of the EYFS profile

Equal Opportunities /SEN:

We are an inclusive school and as such all children including SEN have an entitlement to access the PSHE curriculum All children will be given the opportunity to participate in all activities regardless of gender, race or ability. We promote the values of a multicultural society where everyone is valued.

Community links:

We work closely with the parish to form strong links. Throughout the year children carry out several fundraising activities to promote an awareness, and give pupils an appreciation of the needs of others in the world both locally and globally.

Sex and Relationship Education:

In our school we ensure that sex education is integrated into the curriculum and not isolated, taken out of context or over emphasised in any way. Our Year Five and Six classes use the Archdiocese materials to address and teach sessions on relationships, changes and sex education. All programmes are delivered in partnership with teachers, parents and the children.

Drug education: - Involves educating year 5 and 6 children especially in the safe handling of medicinal drugs as well as the consequences of misusing substances such as alcohol, tobacco and recreational drugs. Be aware of safety issues and manage risk in their own lives. See separate policy.

A Healthy School Environment:

Opportunities are offered for pupils to engage in activities to promote their physical well-being. develop self-confidence and self-esteem, and make informed choices regarding personal and social issues. To know and understand what constitutes a healthy lifestyle and be independent, positive, self-disciplined and responsible members of a democratic society.

Citizenship: – To have respect for themselves and others, valuing the differences and similarities between people. Encouraging children to take a responsible role in society, this includes developing the children's awareness of their personal safety and the process by which they can seek help and information as well as learning the behaviour expected of them as responsible citizens. As a Catholic school, develop a respect for God and each other to the ethos of the school community and the teaching of the Gospel. We aim to develop an awareness of social, economic, political and ecological issues.

Assessment and Recording:

Assessments are made through teacher observation and progress is reported to parents on parent's evenings and in annual school reports.

In the Foundation Stage formal assessments are submitted annually to the LEA and the profiles continually track pupil progress.

Subject review and monitoring:

The PSHE Coordinator alongside the SLT and governors are responsible for monitoring the standards of children's work and the quality of teaching.

Links with other policies:

This policy links particularly to the following policies: Sex and Relationships Education, Drug Education, Child Protection, Behaviour, Anti-bullying and Healthy Food Policy.

Revised: March 2018